# **FROM OCTOBER 12 TO 14, 2022**

At the Hôtel Universel in Rivière-du-Loup



My involvement: my contribution!



# WELCOME TO THE 2022 RPCU CONGRESS!

We are very happy to see you in person! Once again, users' and In-patient's committees from across Quebec come together to discuss the purpose of the committees: defending users' rights and improving the quality of care and services in health and social services.

This year, more than ever, the RPCU would like to focus on the volunteers, who are the basis of the users' and the In-patient's committees, and important players in the vast Quebec's health and social services network.

In addition to the four conferences, the congress offers 17 workshops (which meet the needs expressed by you) and the activity *Découverte de la région*, the perfect opportunity to introduce you to the gourmet products and incredible artisans of Rivière-du-Loup.

The RPCU Prizes, which will be awarded during dinner on Thursday, give us the opportunity to appreciate the work accomplished by the member committees. All these initiatives are inspiring and should be recognized.

Your numerous and generous participation in the congress bears witness to the success of this unmissable event. During these next three days, we will not only share our knowledge, but also inspire each other to develop innovative and surprising projects in the future. We thank you for your active presence.

Our thanks also to the partners, volunteers, the Hôtel Universel and Tourisme Rivière-du-Loup team, and the members of the small RPCU team. Without their support, this conference would not have been possible.

We wish you a good event!



# CONGRÈS 2022 PROGRAM

Networking lunch break

12:15

12:00

End of the congress

#### Wednesday, October 12, 2022 15:00 Registration 18:00 Conference: Ms Sophie Éthier, Member of the Executive Committee of l'Observatoire québécois de la proche aidance Q&A period 18:45 19:00 Break 19:30 RPCU's Annual General Meeting 21:30 End of RPCU's Annual General Meeting Thursday, October 13, 2022 7:00 Registration, exhibition booth visits, and networking breakfast

| 8:30      | Welcome speech – Ms. Sylvie Tremblay, RPCU's GM, and Ms. Isabelle Malo, CEO of CISSS Bas-Saint-Laurent |   |   |   |   |   |   |   |  |  |
|-----------|--|---|---|---|---|---|---|---|--|--|
| 8:45      | Conference: Ms. Joanne Castonguay, Health and Welfare Commissioner                                     |   |   |   |   |   |   |   |  |  |
| 9:30      | Q&A period   |   |   |   |   |   |   |   |  |  |
| 9:45      | Networking break and exhibition booth visits   |   |   |   |   |   |   |   |  |  |
| 10:15     | Workshops A (duration: 2h)   |   |   |   |   |   |   |   |  |  |
| At choice | A1<br>Complaints<br>Commissioner<br>(MSSS)   | A2 Committees and patient-partners (MSSS) | A3 Bill 18: protection of vulnerable people | A4 Ethnocultural diversity: promoting accessibility | A5 The user- partner approach (ULaval and | A6 Communication as a tool for promoting rights | A7<br>What's New in<br>Caregiving?<br>(MSSS and<br>APPUI) | A8 How to reach vulnerable users in the community | A9 Interde- partmental action plan and mental health |  |

| 14:00        | Workshops B (duration: 2h)    |   |  |   |   |                                   |   |   |  |
|--------------|-------------------------------|---|--|---|---|-----------------------------------|---|---|--|
| At<br>choice | <b>B1</b><br>End-of-life care | B2<br>The well-<br>treatment of<br>seniors in CHSLD<br>(RPCU) | Role of the<br>CDPDJ in youth<br>protection and<br>people with<br>disabilities | <b>B4</b><br>Spiritual care<br>services | <b>B5</b><br>Research and<br>defense of rights<br>in ID and ASD | <b>B6</b><br>CAAP on<br>the Lease | B7<br>Tools to<br>develop a high-<br>performance<br>committee | B8<br>Children's<br>well-being<br>and follow-up<br>of the Laurent<br>commission |  |

| 16:00 | Activity "Discovering the region", free time for discussion between the conference participants, exhibition booths visits |
|-------|---|
| 18:30 | Dinner and award ceremony: Denis-Marceau Prize and RPCU Excellence Prizes   |
| 18:45 | Speech - Dr. Mauril Gaudreault, President of Collège des médecins du Québec   |

| Friday | , October 14, 2022   |
|--------|--|
| 7:00   | Registration, exhibition booths visits, and networking breakfast   |
| 8:00   | Breakfast conference: Dr Michel Bureau, President of the Commission on End-of-Life Care  |
| 8:45   | Q&A period   |
| 9:00   | <b>Conference</b> : Ms. Catherine Lemay, National Director of Youth Protection and Assistant Deputy Minister of the General Directorate of Development, Welfare and Youth Protection |
| 9:45   | Q&A period   |
| 10:00  | Break  |
| 10:15  | Missions roundtables   |
| 11:45  | Closing speech – Mr. Pierre Hamel, RPCU's COB and Mr. Pierre Lynch, President of the CUCI of Laval   |

WEDNESDAY, 18:00

# WHERE ARE WE WITH CARE SUPPORT IN 2022?



Speaker:
Ms Sophie Éthier
Member of the Executive
Committee of l'Observatoire
québécois de la proche aidance

While caregiving has been accomplished in the shadows for decades, the COVID-19 pandemic has helped to highlight the essential role of caregivers in supporting the most vulnerable people in our society. From now on, it will be impossible to hide the indispensable role of these people in maintaining our health and social services system. Especially since 2020–2021 is also a political turning point in the history of caregivers in Quebec: a law, a national policy and a government action plan have come to recognize and support the efforts of caregivers. The presentation will address the issue of care support and will present the ministerial orientations in this area so that we can reflect on the strengths and limits of these actions. We are all affected caregiving.



## NICOLAS GENDRON, CONGRESS HOST

Since his training at the Professional Theater School of Lionel-Groulx College, Nicolas Gendron has taken part in several theatrical productions, whether as an actor, author, or director, in addition to being the artistic director of the ExLibris company. At the same time, Nicolas also works on TV, in the voice studio, as a master of ceremonies and a film journalist. For the past five years, he has been the artistic advisor to director Claude Poissant at Théâtre Denise-Pelletier.



**WEDNESDAY, FROM 19:30 TO 21:30** 

RPCU'S ANNUAL
GENERAL MEETING

## **THUSDAY, 08:45**

# EVALUATE THE PERFORMANCE OF THE HEALTH AND SOCIAL SERVICES SYSTEM BASED ON VALUE: WHY IS IT IMPORTANT FOR USERS?



Speaker:
Ms Joanne Castonguay,
Health and Welfare Commissioner

More than ever, the health and social services system must be modernized and adapted to the needs of the Quebec population. How to get there? By considering the value for the community and users in improving its performance. It is only by achieving better health outcomes for users and an improved experience for patients and caregivers, considering available resources, that it will be possible to have an agile, efficient and sustainable system. This orientation has been taken by the Health and Welfare Commissioner to inform public debate and government decision-making.





# VISIT THE EXHIBITORS DURING THE CONGRESS!

Enjoy the breaks and your free time to visit the exhibitors.

- Fédération des CAAP
- Curateur public du Québec
- Commission des droits de la personne et des droits de la jeunesse (CDPDJ)
- Alliance des communautés culturelles pour l'égalité de la santé et les services sociaux (ACCÉSSS)
- Appui proches aidants

## THURSDAY WORKSHOPS

## **WORKSHOPS A**

#### FROM 10:15 TO 12:15

#### Role of the provincial Complaints Commissioner and the local Service Quality and Complaints Commissioner **A1** • **Dominique Charland**, Service Quality and Complaints Commissioner, Ministry of Health and Social Services Éric Parent, Service Quality and Complaints Local Commissioner, CISSS of Bas-Saint-Laurent Users' and residents' committees and patientpartners: An essential collaboration **France Laverdière**, Ethics and Quality Department, Ministry of Health and Social Services **A2** Catherine Côté, Ethics and Quality Department, Ministry of Health and Social Services Manon Pedneault, President of the Users' Committee DI-TSA-DP Bas-Saint-Laurent Revision of the personal protection system: better protect those who need it **A3** • Corinne Harbec-Lachapelle, Public events manager, Communications Branch, Public Curator of Quebec The ethnocultural diversity of users: how to promote accessibility to health and social services **A4** Jérôme Di Giovanni, General director, Alliance des communautés culturelles pour l'égalité en santé et services sociaux (ACCÉSSS) The user-partner approach within our establishments Emmanuelle Careau, Vice-Dean for Social Responsibility, Faculty of Medicine, Laval University Marie-France Allen, Director of Bureau du partenariat avec l'usager et de l'éthique (BPUE), CIUSSS National Capital **A5** · Pierre Hamel, RPCU's President Communication as a tool for promoting rights Δ6 • Cindy Rivard, Consultant and trainer, Ovez Communications Marketing et formations Inc. What's New in Caregiving? Magalie Dumas, Deputy Director, Human ressources, Appui proches aidants Α7 • Michèle Archambault, Assistant Director of Institut national d'excellence en santé et services sociaux (INESSS), Ministry of Health and Social Services Strategies of user committees from different missions to reach vulnerable users in the community Marc Rochefort, Strategic Advisor to the RPCU and Vicepresident of Observatoire québécois de la proche aidance **8A** Paul Belisle and Madeleine Chabot, President and Resource Person of the Gatineau Users' Committee, respectively Micheline Tellier and Claudine Oligny, president and member of the User's Committee Jardins-Roussillon, respectively Mario Boulet, Vice-president of the User's Committee Institute Nazareth-Louis-Braille Interdepartmental action plan and mental health services Δ9 Simon Courtemanche. Advisor Aire ouverte - vouth

## WORKSHOPS B

#### FROM 14:00 TO 16:00

**B1** 

**B2** 

В6

**B8** 

#### Better understand end-of-life care and medical aid in dying in the Quebec health network

Marielle Philibert, Member of the board of directors of the RPCU, President of the User's Committee CHU de Québec-Université Laval and member of the Commission on end-of-life care **Dr David Lussier**, Geriatrician and Director of Chronic Pain

Management, University Institute of Geriatrics of Montreal, and member of the Commission on end-of-life care

#### The well-treatment of seniors in CHSLD: One step at a time!

- Jacques Cloutier, Project coordinator at RPCU
- Claire Girard, RPCU trainer

#### Presentation of the role of the Commission des droits de la personne et de la jeunesse (CDPDJ) in the protection of young people and people with disabilities

- Germain Royer, Education and Cooperation Officer at the CDPDJ Lauélia Rolland-Fortin, Education and
- Cooperation Officer at the CDPDJ

#### Spiritual care services in our establishments

Pierre-Alexandre Richard, Spiritual Care Worker, Department of multidisciplinary services, quality, performance, and population responsibility, CIUSSS of Montreal West Island

#### Research and defense of the rights of people with autism or with an intellectual disability: an essential link!

Jessyca Pitt, Head of the Development Department of the University Institute for Intellectual Disabilities and Autism Spectrum Disorders

#### CAAP on the Lease: RPA tenants' rights in terms of the lease

Nathalie Dubois, Deputy Director, Fédération des Centres

d'assistance et d'accompagnement aux plaintes (FCAAP) **Sébastien Harvey**, Coordinator for the deployment of the CAAP on the Lease, Fédération des Centres d'assistance et d'accompagnement aux plaintes (FCAAP)

#### Experiential learning: How to develop a highperformance committee (in English) **B7**

• Falk Kyser, Busines Coach, Senior consultant in Leadership and RPCU trainer

#### The well-being of children and young people: discussion around the recommendations by the commission Laurent

Élise Bonneville, Director of Collectif Petite enfance and Member of the Commission Laurent

- Jessica Côté-Guimond, Director, Collectif Ex-placé DPJ
- Julie Ranger, Coordination of the writing and production

of the report of the Laurent commission

participation, Deputy General Manager of Mental Health Services youth section, Ministry of Health and Social Services

#### **THURSDAY, FROM 16:00 TO 18:00**

# **ACTIVITY DISCOVERING**THE REGION

As its name suggests, the activity Discovering the region aims to highlight Rivière-du-Loup, by presenting you its gourmet products and incredible local artisans. After a productive and busy day with very interesting exchanges, it's time to relax and go exploring!

The products will also be sold on site, remember to bring your debit and credit cards, and cash!









# AFRICAN MUSIC WITH PAPA NOËL

The lively and colorful musical performance of Papa Noël. The djembe, an African percussion instrument, will be at your disposal so that you too can take part in the show. A new musical experience awaits you!





**THURSDAY, 18:30** 

# DINNER AND AWARD CEREMONY

Denis-Marceau Prize and RPCU Excellence Prizes.

FRIDAY, 08:00

# **EVOLUTION OF MEDICAL ASSISTANCE** IN DYING IN QUEBEC



Speaker: **Dr Michel Bureau** President of the Commission on End-of-Life Care

The Commission on End-of-Life Care has the mandate to examine all issues relating to end-of-life care and to monitor the application of medical aid in dying. Dr. Bureau will provide a brief overview of the evolution of medical assistance in dying in Quebec since the coming into force of the Act respecting end-of-life care and current societal issues.

## FRIDAY, 09:00

## TRANSFORMING SERVICES FOR YOUTH AND FAMILIES



Speaker: **Ms Catherine Lemay** National Director of Youth Protection and Assistant Deputy Minister of the General Directorate of Development, Welfare and Youth Protection

On May 31, 2021, the Special Commission on Children's Rights and Youth Protection tabled its final report including nearly 265 recommendations. On December 1, 2021, the Government of Quebec published the Stages for the implementation of the Laurent recommendations, in addition to tabling Bill 15 amending the Youth Protection Act (assented to April 26, 2022). The presentation will focus on the actions carried out and in progress, to transform the services offered to young people and families by focusing on prevention and the participation of key players in the community and various networks.

#### **Our partners**

Santé et Services sociaux Duébec 🕶 🕶



Curateur public













Regroupement provincial des comités des **usagers** 





1255. boulevard. Robert-Bourassa, bureau 800 Montréal (Québec) H3B 3W3 Téléphone: 514 436-3744

www.rpcu.qc.ca info@rpcu.qc.ca